

2022-23

Manchester Schools

TeamMCR

Physical Activity
School Sport • Wellbeing
Personal Development



TeamMCR

On behalf of the Team MCR Board of Trustees and Executive team, I would like to welcome and thank you for joining us again for the 2022-23 academic year.

More than any other year, PE, School Sport & Physical Activity will be central to the social, emotional and physical wellbeing of our children & young people. Team MCR has broadened it's offer and I urge you to make the most of the fantastic opportunities, programmes, resources, guidance, training, leagues & competitions and the plethora of wider opportunities to help you provide for all of your students.

I wish you an active and enjoyable year with us and we look forward to seeing your children and young people enjoying all the opportunities that your decision to join Team MCR affords them.



Steve Wheeldon
Chair of Trustees, Team MCR



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National Pupil Activity & Wellbeing Survey

Manchester Schools

Headline Data:

50%

Student Activity Levels

50% of Manchester Secondary school students are 'non active' or 'semi-active'. 52% of these are girls.

29%

Representing the School

29% of Secondary students have not played in a school team but would like to.

23%

Leadership

23% of Manchester students are involved in leadership training. Further 40% of primary students said they like to be a leader.

72%

Resilience & Wellbeing

72% of primary students are 'worried alot' or 'worried a little' about going into Year 7 next year.



COMPETITION
EXCEL



**WELLBEING
AND PERSONAL
DEVELOPMENT**

TARGETED INTERVENTION

- School Games Programme
- Inclusive Health Check
- School Games Mark
- Resources
- Inspire Events
- Inclusion events and activities
- Training for young people and staff
- Transition
- Pupil Voice

UNIVERSAL OFFER

- Excel competition
- Leagues
- Inclusion & Inspire events
- Festivals and activities
- Gifted & Talented competitions

SKILLS 4 LIFE

- Workforce development training and resources
- Leadership Academy
- PALS
- Pupil Voice
- School Sport Crews/Councils
- Young Ambassadors
- Volunteer opportunities

CULTURAL EVENTS CALENDAR

- Cultural events
- Calendars
- Programme of events
- Activities and resources

EARLY YEARS

- Workforce Development
- Consultation & new programme development
- Multiskills training & delivery
- PALS training & delivery
- Balanceability
- Family & community engagement

HEALTH, WELLBEING & PERSONAL DEVELOPMENT

- Mental Health Awareness Training
- Bikeability
- H&W Ambassadors
- Change 4 Life Festivals
- Change 4 Life Champions
- Creating an Active School Framework Pilot (CASf)

TRANSFORMING COMMUNITIES

- Nike Open Doors
- Community Holiday Activity (HAF)
- Opening School Facilities
- Active Lives (Sport England)

GIRLS FOOTBALL DEVELOPMENT

- Barclays Girls Football
- Programme Training
- Resources
- Out of School Participation and competitive and leadership opportunities

BUILDING A LEGACY

- Commonwealth Games Programmes and Initiatives
- Women's Euros 2022

CHARITY DEVELOPMENT

Weekly bulletins and termly newsletters.
Koboca digital platform available to all schools for leagues, competitions and consultation.



TeamMCR



Registered Charity
1179052

WEB TeamMCR.co.uk

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