



**MANCHESTER SCHOOLS**  
PHYSICAL ACTIVITY \* SCHOOL SPORT  
WELLBEING \* PERSONAL DEVELOPMENT  
**2021-22**



**Steve Wheeldon**  
Chair of Trustees  
Manchester Schools'  
PE Association

On behalf of the Manchester Schools'  
PE Association Board of Trustees and  
Executive team, I would like to welcome  
and thank you for joining us again for  
the 2021-22 academic year.

More than any other year, PE, School Sport & Physical Activity will be central to the social, emotional and physical wellbeing of our children & young people. The Association has broadened its offer and I urge you to make the most of the fantastic opportunities, programmes, resources, guidance, training, leagues & competitions and plethora of wider opportunities to help you provide for all of your students.

I wish you an active and enjoyable year with us and we look forward to seeing your children and young people enjoying all the opportunities that your decision to join the Association affords them.

## CHILD WELL-BEING SURVEY

### THE STATE OF STUDENTS' WELLBEING FOLLOWING LOCKDOWN 3

Pupils have shown a decline in fitness

**MANCHESTER 90%**

**NATIONAL 84%**

Pupils have put on excessive body weight

**MANCHESTER 73%**

**NATIONAL 66%**

Fundamentals movement skills decreased

**MANCHESTER 70%**

**NATIONAL 67%**

Pupils' general well-being regressed

**MANCHESTER 60%**

The survey revealed that Health & Wellbeing is a key priority for Manchester schools.

Manchester children need the tools to have a healthy, happy and active future.

We are working hard to advocate for Manchester's schools and pupils, and to provide opportunities and resources for all.



# SCHOOL GAMES

- 60 active minutes for all
- Improving physical, social & emotional wellbeing
- Physical activity & competition
- Supporting wider development including physical & psychological fitness
- Covid recovery provision
- Inspire events
- Primary & Secondary transition
- School Sport Organising Crew



## WELLBEING AND PERSONAL DEVELOPMENT

- Festivals
- Mental Health Awareness
- Bikeability
- Bikeability Balance
- Cultural Calendar
- Health Champions



## COMPETITION EXCEL

- Competition Excel
- Leagues
- Panathlon
- SEND
- Cross curricular challenges
- Personal challenge
- Medals & certificates



**GIRLS' FOOTBALL  
SCHOOL PARTNERSHIPS**  
Supported by  **BARCLAYS**

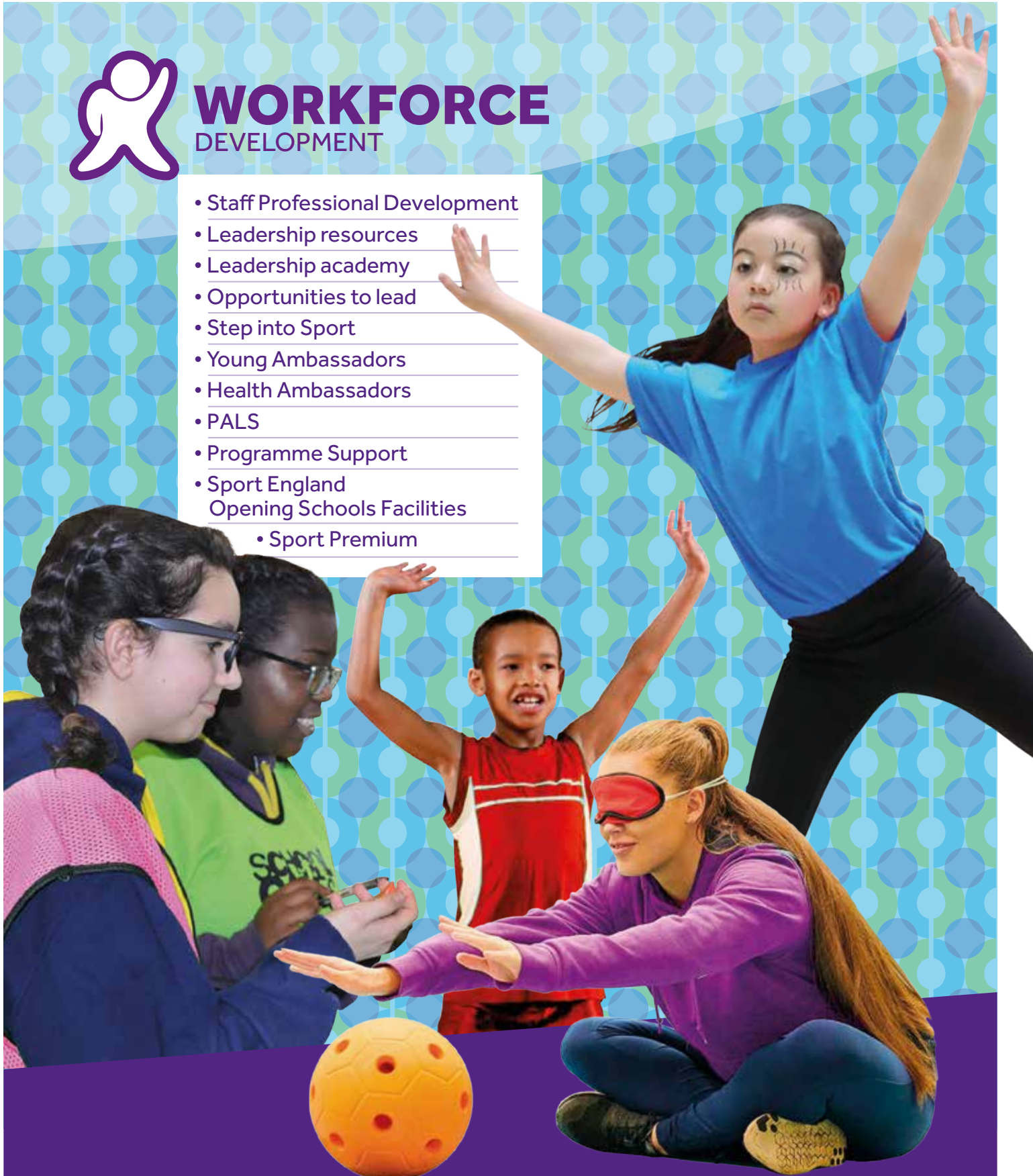
- Professional Development
- Leadership
- Competition
- Extra curricular





# WORKFORCE DEVELOPMENT

- Staff Professional Development
- Leadership resources
- Leadership academy
- Opportunities to lead
- Step into Sport
- Young Ambassadors
- Health Ambassadors
- PALS
- Programme Support
- Sport England  
Opening Schools Facilities
- Sport Premium



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WEB

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