

"Welcome to the **Manchester Schools' PE Association annual impact report**. 2019-20 has been an academic year unlike any other with the pandemic impacting on us all and having a profound effect on our young people.

The information presented in this report shows a snapshot of the work undertaken by the Association, but more so the power of a collective effort.

As inactivity and sedentary lifestyles threaten our communities' health & wellbeing, we believe that now, more than ever, we must all really work together to ensure that physical activity and sport form a key part of our young people's recovery, their wellbeing, education and development.

I would like thank all of our many partners, schools, students, teachers, families and funders for their support and commitment.

In particular, I would like to thank Chris, Paul, Doug and Simon, also our dedicated team of trustees and the host schools: Wright Robinson College, William Hulme's GS Academy and Our Lady's RC High School. They have all shown unwavering support for staff and the Manchester Schools' programme."

> Steve Wheeldon, Chair Manchester Schools' PE Association and Headteacher of Wilbraham Primary School.



Here are some of our successes:-

- **162 Manchester Schools** joined the Association, a new record.
- **Secured an extension** of the School Games Government funding.
- Selected as a Strategic Lead FA Girls Football Partnership, a funded and well-resourced programme for Manchester Primary and Secondary Schools.
- Lobbied with national colleagues for the extension of the Primary School Sport Premium which brings £1.4 million annually to Manchester Primary Schools to develop & enhance PE, School Sport and Physical Activity. This grant was successfully renewed for 2020/21.
- Launched a new series of 'INSPIRE' events, which are specifically designed to encourage more participation.

- **Our Bikeability programme** still involved 899 secondary students in Bikeability Level 1, 2, 3, Fix, Promotion, Learn to Ride and Expeditions.
- Worked in conjunction with the Greater Manchester School Games network to provide schools with an engaging virtual programme. This includes personal challenges and competitive opportunities.
- **Provided advice for schools** regarding safety and alternative provision for pupils during lockdown.
- **Supported schools** as they planned and reported on their School Sport Premium funding.
- **Developed a 'Manchester System'** to reward schools for their commitment to PE, School Sport & Physical Activity. 72 schools received a Manchester School Games Award.

162 Manchester Schools joined the Association, a new record.

A YEAR OF ADAPTING & INNOVATING

The pandemic had a major adverse effect on our schools' normal calendar of activities and our programme of delivery. As a consequence there were a number of changes which are outlined below:

- Intended: 273 sporting competitions planned for delivery
- Actual: 146 were delivered
- Intended: 14 leagues; 125 divisions; 560 teams; 4,484 fixtures; 10,277 participants
- Actual: 12 leagues; 105 divisions; 537 teams; 2,023 fixtures; 8,895 participants
- Intended: 5,100 teams to take part in all competitions and events
- Actual: 2,800 took part
- Intended: 82,000 participants across the academic year Actual: 44,000 took part
- Intended: 2,200 sports leaders trained and delivering competitions and events
- Actual: 1,000 took part

26 of our sports have active pathways;13 sports have Greater Manchester pathways.

There are **32** active links to local community sports clubs, organisations and facilities. These enhance activity and sporting pathways for our young people.

MPEA has been financially supported by grants from DfE (\pm 71,400) and other sources (\pm 13,600)

GIRLS' FOOTBALL SCHOOL PARTNERSHIPS Supported by BARCLAYS

FA Girls' Football Partnership involved training for school staff :-

- **Primary Shooting Stars,** 11 staff from 9 schools completed Active Play and After School Club Training and received resources to deliver the programmes back in school
- FA Primary Teachers Award, 12 staff from 9 schools completed the course
- **Game of Our Own** (GOOO), 5 staff from 4 schools completed the first part of GOOO training, along with 3 young leaders from each school.

LUNCHTIME ACTIVITIES

"The Lunchtime Organisers ran 'The Incredibles' in Key stage 1, they have already started another group of children, the bubbles are perfect for these sessions. Both the children and L.O's have reported great success with the games."

Angela Nilan, Rack House Primary.

"I attended the first session and thought it was brill, it was really well run with useful activities and helped provide new ideas. We are looking forward to giving the task cards a go in lessons with the girls."

Katie Smith, Chorlton HS South regarding GOOO Teacher Training.

Vover 2,800 school teams participated in the last year *V*

EVENTS

GREATER MANCHESTER SCHOOLS' CROSS COUNTRY CHAMPIONHIPS

MPEA organised and managed the Greater Manchester Schools' Cross Country Championships along with over 40 staff and volunteers. In excess of 700 runners took part across all gender and age groups. The best 40 runners were selected to represent GM at the National Schools' Cross Country Championships.

"Just wanted to say a huge thanks to all the team who put the event together. I get so many messages from parents saying how excited their children are about running and how much they enjoy it". Richard Williams, Stockport.

"It was really well organised so well done to you and your team. The course is brutal though!" Jackie Mason, Salford.



In collaboration with The Youth Sport Trust and UA92, **115 colleagues from 105 schools** joined together in a seminar focussing on the Health and Wellbeing of our young people including #ReframeCompetition, Ofsted and the DfE & Sport England's 'Schools Sport and Activity Plan'.

The seminar had a packed agenda and was hosted by students from Wright Robinson College and Wilbraham Primary School. Guest speakers included Emily Reynolds, National Programme Director and Kate Thornton-Bousfield, Head of PE & Achievement, both from the YST and Yvonne Harrison, Managing Director at UA92.



- 61 schools delivered a 'Daily Mile'.
- Social media campaign to support and showcase good practice across our city's schools.
- Monthly #MPEA Press shared with schools highlighting key updates, resources and opportunities.
- 72 schools recognised with a Manchester School Games Mark award.

MANCHESTER SCHOOLS'

INSPIRE SEMINAR

#TEAMMANCHESTER

@man



What people have said about our support... I Thank you for all the support you have offered and shown over the last year. It has been greatly appreciated and helped me to get where I am now. II



124.8% of reception children in Manchester are overweight.

IDENTIFYING NEED

Across Manchester inactivity, obesity and related conditions continue to be a major issue and problem that will have long term impact without systemic change.

There is a persistent gap in levels of participation between individuals from lower socio-economic groups. Sport England's Active Lives survey (2018-19) shows that 18% fewer people from lower social groups are active compared to higher social groups. Research is showing that this gap in activity levels has worsened during the Covid-19 pandemic and suggestions are that inequalities will widen.

IN MANCHESTER:-

• 35.8% of Manchester's Children & Young People do less than an average of 30 minutes of physical activity per day (Active Lives Children & Young People 2018).

• The National Childhood Measurement Programme results show that 24.8% of reception children are overweight in Manchester, rising to 40.8% by year 6.

• Manchester has the highest levels of obesity in Year 6 in Greater Manchester.

Manchester Schools' PE Association are working with trustees and key partners to target funding and programmes that will best impact on inactivity levels, obesity levels and those most affected.

What people have said about our support...
MPEA has been integral over the last year to ensuring the SGOs in Greater Manchester continue to work together. MPEA does a great job at hosting and organising the SGO meetings, encouraging, motivating and supporting the group, so thankyou for everything you have done!

NEW DEVELOPMENTS MOVING FORWARD:

- Virtual Competition Programme launched linked to the GM School Games.
- New Health and Wellbeing programmes, including the Health Champions leadership programme have been planned.
- Sports Leadership a new pathway is being developed.
- Extensive consultation with schools and students to ensure everyone has a voice, given the ever-changing climate.
- Digital developments website developed to host League fixtures and results previously on the FA results website.
- Continued work at a National level to influence the development of PE, School Sport and Physical Activity.



HERE'S WHAT PEOPLE SAID ABOUT OUR NEW INSPIRE EVENTS

"Brilliant idea and the spirit scoring is something I will be using back in our school."

Andy Coxhill, Heald Place

"Thank you for organising, the children really enjoyed it." Judith Wall, Birchfields

"It's nice to bring out different children who we wouldn't normally choose due to level of competition."

Owen Lucas, St John's RC

"Regarding skills stations, Thank you very much! That will be very useful for our leaders to be confident on the day." Laura Riches, MHA

"Using the idea from the inspire competitions we have made a sports notice board displaying School Games Value's certificates, calendar etc."

Chris Walker, Button Lane

"We brought a group of children who don't normally get picked for sports and they have really had a great day." Rachel Appleby, Chorlton Park

This type of competition is brilliant for the children." Angela Nilan, Rack House

"I just wanted to say on behalf of my team a big thank you for organising the brilliant basketball finals this week.

I thought it was wonderful to have the INSPIRE competition playing alongside the EXCEL competition, it was great for my children to feel part of it and also manage to play competitively.

Thank you so much for showing such equality too. It felt like both competitions were valued equally.

Miss Offord, our Headteacher was over the moon on Birchfields winning such an amazing award. Thanks again." Judith Wall. Birchfields





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