



G000: Teacher

GAME
OF
OUR
OWN

The training will explore how teachers can engage girls in curriculum physical education through football, identify and develop life skills and support girls to be empowered to lead football-related activity for others. It will be delivered by members of the YST Learning Academy and FA PE Unit staff.

Why should teachers take up this FREE opportunity?

- Develop a new approach to delivering PE with a life skills focus.
- Increase adolescent girls' self-esteem, confidence and engagement in PE through football related activities.
- Access resource cards to support and accelerate the planning process – both online and hard copies.
- View digital assets and videos to bring the activities to life after the training.
- Equipment worth up to £100 to support your curriculum delivery.
- Support from your FA Girls' Football School Partnership supported by Barclays lead to embed developing life skills for key stage 3 girls through football in your school curriculum.
- On completion, access G000: Leadership.

How do I get involved?

Contact your FA Girls' Football School Partnership support by Barclays or email fagirls@youthsporttrust.org to register for the programme.

Find out more and access FREE digital resources at

www.girlsfootballinschools.org

Training structure:

The programme will provide a blended virtual and face to face learning approach across the academic year. Over the year, you will complete four core modules:

- Warm Up** – 15-minute pre-recorded video to introduce you to the programme
- Kick-Off First Half** – 2-hour live video webinar taking you through the core course content and outcomes
- Half Time Team Talk** – three 1-hour support workshops in small groups
- Kick-Off Second Half** – twilight face to face practical workshop to bring the Game of Our Own activities to life.

School requirements:

- Deliver life skills through football for a minimum of one unit of work.
- Engage 150 girls through curriculum delivery.
- Report programme data to FA Girls' Football School Partnership supported by Barclays.

Programme Timeline:

- OCT**  Read the programme information and speak to your FA Girls' Football School Partnership supported by Barclays
- NOV**  Register for your selected course
-  Receive your programme information pack and resources
-  Watch the pre-recorded Warm-Up to prepare for your online training
- LIVE**  Join your LIVE Kick-Off First Half online training webinar
- DEC FEB**  Join your LIVE Half-Time online training workshops
-  Register for your Kick-Off Second Half face to face practical workshop
- MAR APR**  Attend your Kick-Off Second Half face to face practical workshop
-  Inspire girls in your school to develop life skills through football and a lifelong enjoyment of physical activity.



FOR ALL