

## VIRTUAL SCHOOL GAMES

## Intra School Competition Programme

 CRICKET: KS2@MCRSCHOOLSPE \#MANCHESTERVIRTUALSCHOOLGAMES


## HOW TO GUIDE

This competition resource is aimed at children in school years 3-6.
The different activity stations should ideally be delivered outdoors although with careful consideration given to set up and safety can also be delivered inside.

The competition resource is a TEAM challenge for teams of 6 players. Teams can be all boy, girl or mixed.

The competition should ideally be delivered at the end of a cricket scheme of work.

## Equipment \& Set Up

Teams of 6 players
(1) Activity set out as per diagram
2) Equipment: Plastic bat \& marker cones ( 6 m apart (Y3/4) and 8m apart (Y5/6)Sports Leaders to coordinate and score


Scoring: Record how many runs each batter completes to calculate the team total

## How to Play

One at a time each team member takes it in turns to 'run between the wickets' (cones) for 30 seconds
(1) Batters start with their bat grounded on the imaginary crease line and run carrying their bat to the opposite crease grounding their bat and turning to run back to the start before repeating
(1) Batters should complete as many runs as they can in 30 seconds
(3) There and back $=2$ runs


6 m or 8 m


Batters to carry the bat when running and slide the bat over the crease line when turning

## STATION 2: BATTING

## Equipment \& Set Up

Teams of 6 players ( 2 teams to play this station)
(1) Activity set out as per diagramEquipment: Plastic bat, soft ball, batting tee, marker conesSports Leaders to coordinate and score


Scoring: Batters to have 2 shots each.
Calculate total runs scored from all 12 shots


## How to Play

One team bats and one team fields
( Batters line up behind the 'waiting cone'
( 1 fielder stands in each scoring zone (except $3-6 \mathrm{~m}$ )
Batters take it in turn to strike a ball off the batting tee into the scoring zone to score points ( 2 goes each)
Fielders aim to stop the ball with bating runs awarded for where the ball finishes or is stopped SAFETY: Baitters to wait at the waiting cone when not hitting and fielders to be no closer towards the batter than the 8 m cone.

Batters to keep head over the ball when striking

[^0]
## STATION 3: FIELDING - UNDERARM THROW cagatis

## Equipment \& Set Up

Teams of 6 players
(1) Activity set out as per diagramEquipment: Plastic stumps \& marker cones
Ball set on ground 6 m from the stumps ( $\mathrm{Y} 3 / 4$ ) or 8m (Y5/6)
Player starts at a cone 4 m back from the ball


Scoring: Record how many direct hits each player achieves to calculate the team total


## How to Play

One at a time players run to the ball pick it up and throw underarm to try and hit the stumps
(ane player starts as the wicket keeper (fielding behind the stumps) to stop the ball and take it back to place at the start position
(a) After their attempt the fielder than becomes the wicket keeper for the next player and the wicket keeper goes to the back of the line to wait their go.
Each player to have 2 goes each
C) Get to the ball quickly

Get low as you approach the ball
Q

Don't stand up - stay low when throwing at the stumps

## STATION 4: CLOSE CATCHING (Y3/4)

## Equipment \& Set Up

Teams of 6 players
Activity set out as per diagram
Equipment: Ball and marker cones
(a) Each player stands on a cone to form a Zig Zag shape (cones 3 m apart)
(1) The ball is passed from cone 1 to cone 6 and back again from cone 6 to cone 1

Scoring: Record how many fully completed 'zig zags' (1-6 \& 6-1) the team does in 3 minutes.


## How to Play

Players stand behind a marker cone (as shown) facing the players opposite

Player 1 starts with the ball and passes to player 2 who passes to player 3 and so on in number order until the ball reaches player 6

Player 6 then re-starts passing the ball to player 5 and so in reverse number order on until it reaches player 1

This is repeated as many times as possible in 3 minutes

If the ball is dropped at any stage from $1-6$ it starts again from player 1 and from 6-1 starting again from player 6.

Good READY position with hands in front open to catch the ball

## STATION 4: HIGH CATCHING (Y5/6)

## Equipment \& Set Up

Teams of 6 players
(1) Activity set out as per diagram

Equipment: Ball and marker conesEach player stands behind a cone facing the thrower. Players need to know their number (1-6)
(3) Thrower (sports leader / Teacher) is 10 m from Players (green cone)
Scoring: Record how many catches are taken in 3 minutes


## How to Play

Each player stands behind a marker cone and is given a number 1-6

The thrower shouts out a number ( $1-6$ ) and sends a high catch into the air (must be a good quality throw with height)
The player whose number it is must react and take a high catch before passing the ball back to the thrower to repeat with a different number

Aim to catch as many balls as possible in 3 minutes (thrower to ensure that all players receive catches)

Be ready. Anticipate your number being called.
React quickly and move to get in position to catch the ball

Catch the ball at eye level with hands in a 'fingers up' position

## Equipment \& Set Up

Teams of 6 players
(1) Activity set out as per diagram

Equipment: 3 balls (ideally kwik cricket) and marker cones
(1) Players have 3 consecutive attempts to throw the ball as far as they can.


Scoring: Calculate the total of each players longest throw.

## How to Play

From a stationary standing position players aim to throw the ball as far as they can

Players throw one at a time with others waiting by the 'wait cone'

The distance measured is where the ball lands not where it finishes after rolling

Each player to have 3 consecutive throws with their longest throw recorded

Dalance side on throwing stance
Extend throwing arm bend at elbow
2. Rotate your hips as you throw and follow through after release

## STATION 6: BOWLING

## Equipment \& Set Up

Teams of 6 players
(1) Activity set out as per diagram

Equipment: Plastic stumps, balls \& marker cones
(1) Bowling distance: $12 \mathrm{yds}(\mathrm{Y} 3 / 4)$ and $15 \mathrm{yds}(\mathrm{Y} 5 / 6)$
a) From stationary, players bowl the ball from the bowling line to aim to hit the stumps


Scoring: Calculate the team total from 5 minutes game play


## How to Play

Players take it in turn to bowl. After bowling their ball the bowler becomes the wicket keeper

The wicket keeper returns the ball to the next player waiting to bowl and then waits for their turn

Bowling should be in an OVERARM action
Players have as many goes as they can in 5 minutes

Direct Hit (10pts) Balls missing the stumps but bowled between the yellow cones ( 5 pts)

Side on STAR shaped bowling stance. Turn head to look at target
Front arm and foot pointing to the stumps
Keep bowling arm straight and release ball as your arm brushes past your ear

## SCORE SHEET

## SCHOOL:

YEAR GROUP:

| Activity Station | Team Score |
| :--- | :--- |
| Running Between the Wickets |  |
| Batting |  |
| Fielding - Underarm Throw |  |
| Close / High Catching |  |
| Fielding - Overarm Throw |  |
| Bowling |  |


[^0]:    () Fielders to be alert with good READY position

