



MANCHESTER SCHOOLS
PHYSICAL ACTIVITY
SCHOOL SPORT
WELLBEING AND
PERSONAL
DEVELOPMENT
2020-21



Message from **Steve Wheeldon** Manchester Schools' PE Association Chair of Trustees.

On behalf of the Manchester Schools' PE Association Board of Trustees and Executive team, I would like to welcome and thank you for joining us again for the 2020-21 academic year.

More than any other year, PE, School Sport & Physical Activity will be central to the social, emotional and physical wellbeing of our children & young people. The Association has broadened it's offer and I urge you to make the most of the fantastic opportunities, programmes, resources, guidance, training, leagues & competitions and plethora of wider opportunities to help you provide for all of your students.

I wish you an active and enjoyable year with us and we look forward to seeing your children and young people enjoying all the opportunities that your decision to join the Association affords them.



Vision

Using the Power of Physical Education, Sport and Physical Activity to inspire and enable the next generation to live active lives and achieve their personal best.

Manchester Schools' PE Association
provides an infrastructure of opportunities for your staff and students.

It is fully supported by the
Youth Sport Trust, Department
for Education, & Department
for Health.



The programme supports your school in:-

- Engaging ALL pupils in regular physical activity - the CMO recommends that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
- Raising the profile of PE and sport across the school as a tool for whole-school improvement.
- Increasing confidence, knowledge and skills of all staff in teaching PE and sport.
- Broader experience of a range of sports and activities offered to all pupils.
- Increased participation in competitive sport.





COMPETITION EXCEL

The Association manages a calendar of competitions across Primary, Secondary and Special schools. There are over 350 annual events, leagues and competitions, with access to local heats, leading to Manchester Finals with the opportunity for winning schools to represent Manchester at the Greater Manchester School Games finals.



Determination

Motivation



Resilience

Commitment

This academic year sees the addition of virtual competitions with online results submission to allow your students to compete and be the best they can be without leaving the school site, ranging from intra and inter school opportunities.





COMPETITION **EXCEL**

“ The sports festivals and competitions have given our children an opportunity to meet others and make new friendships. By competing and taking part, it has developed their social skills such as teamwork, communication and respect. ”

Bex Jagger,
St Francis RC Primary School



INSPIRE is a series of events including a range of virtual resources that introduce new sports and activities in a fun rather than competitive environment. These festivals and events have a greater emphasis on participation, building physical literacy, skills and confidence.



Physical
Literacy



Teamwork



Confidence



Fun



They are designed to be young person led and celebrate a range of achievements with a focus on the learning and development of the individual (not the result) and achieving their personal best. These festivals will all be underpinned by the School Games Values.





INSPIRE EVENTS

“ The INSPIRE events have helped to develop our children's confidence, knowledge and physical literacy. This has impacted across the whole school as we work to support their development as healthy, happy and active young people. Seeing some of the children collecting certificates for the first time in assembly is very rewarding. ”

Ian Thompson, *Moston Lane Primary School*

INSPIRE EVENTS

“ Introducing children to multi-skill activities allowed them to explore their physical abilities and take ownership of their physical development through personal challenges. They practiced in their own time at school or at home with family and friends. ”

Rob King, *Cavendish Primary School*

INCLUSION

This is a series of inclusion specific events and activities, perfect for SEN students, from Special and Mainstream schools, also including students who may be inactive, have low confidence, emotional or behavioural needs.



Encouraging

Adaptable



Sports include:

- Boccia
- Cross - Country
- New Age Kurling
- Change 4 Life Festival
- Indoor Rowing
- Swimming
- Goalball
- Panathlon
- Sportshall Athletics
- Track & Field
- Tri Golf
- Virtual activities and competitions





INCLUSION

“ The Association’s festivals have created a level playing field where every child can be involved regardless of their level of competence. Activities have been adapted to ensure all participants are included and feel they have achieved.”

Jude Wall, PE Teacher,
Birchfields Primary Academy

INCLUSION

“ Our students love attending these competitions and they show great pride in the medals and success that they are able to achieve in a wide range of sports regardless of their ability level.”

Adam Thomas, Head of PE,
Piper Hill Special School



A series of opportunities to recognise and reward students who assist with the organisation of PE, School Sport and Physical Activity within school, including the leadership of competitions, INSPIRE festivals, Change 4 Life and other activities.



*** New resources to enable students to develop skills and deliver new activity on your school site**

“ The opportunity to lead at a Sportshall Athletics event has given me the confidence in dealing with people and children and helped me develop my communication skills. It will add to the experience on my CV. ”

Student, William Hulme





YOUNG LEADERSHIP

“ As a Health Champion I have trained, learned new skills like how to motivate, create awareness (of health) and build trust. It has improved my confidence and communication skills which will really help with my application to college. ”

MCA student

YOUNG LEADERSHIP

“ Young leadership has enabled us to engage a wider range of students, including many who aren't on sports teams but demonstrate the ability to be a great Sports Leader. ”

**Mrs Collard, PE Teacher,
Wright Robinson College**



WELLBEING AND PERSONAL DEVELOPMENT

Resources, ideas and events which enable staff to shape and encourage more physical activity appropriate to the needs and abilities of your students. Programmes include #PersonalChallenge, Change for Life clubs, alongside National Initiatives including the 'Daily Mile'.



Motivation

Positive
attitude

Self
esteem

Self
awareness



“ The activities delivered within the Change for Life festival have allowed our young leaders to lead and support the development of the children taking part. The young leaders developed real employment skills, taking on responsibility for groups of younger children, demonstrating empathy & great communication skills. ”

Mrs Mitton, PE Teacher,
Loreto RC High School.

“ At Stanley Grove Primary Academy everyone does The Daily Mile. Our parents are invited to do it as well. The Daily Mile is a good idea to get children out of the classroom, it is very inclusive and helps me to improve my health and fitness. I think all schools should do the Daily Mile! ”

Year 5 student, Stanley Grove.





WORKFORCE DEVELOPMENT

A series of professional learning opportunities to develop the skills, knowledge and confidence of PE and School Sport professionals and colleagues.



Confidence

Skills

Knowledge

“ I attended the FA Primary Teachers Award and gaining the qualification has enabled me to use the skills and knowledge I learnt with my sports teams in school which is proving to be really successful.”

Mr Skivington, Teacher, Park View Primary School



IMPACT REPORT 2018-19



1

Registered as
a Charitable
CIO Trust

2

Board of 8
Trustees -
experienced,
eminent and
knowledgeable
appointed to
guide and direct
the Association

5

159 Schools
have joined the
Association -
a new record!

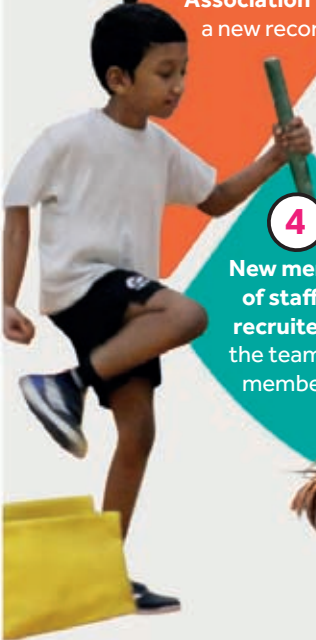
#Team Manchester

4

New member
of staff
recruited - taking
the team to 5
members of staff

3

Development
Strategy
refined





SUCCESSES

273
individual
events
managed

for Primary,
Secondary &
Special Schools

14 leagues
125 divisions
4,484 fixtures
for **10,277**
students



32 links
to local community
sports clubs, facilities
and organisations
giving students
sporting and activity
pathways

26 sports with
active pathways

13 sports with
Greater Manchester
pathways



More than 2,200
Sports Leaders

trained and delivering competitive events
with grants agreed across our secondary
schools to support their development

5,100
school
teams

took part in our
competitions,
events and
leagues

82,000
student
attendances

124
Primary Change
for Life clubs,
involving

496
Change for Life
Champions (junior
Sports Leaders),

248 mentors,
1,488
children activated
who are less likely
to participate in
Physical Activity



79
schools
achieved a
National School
Games Mark
award



£71,400
DfE grant

£7,700
in grants from
other sources

“ The joy and excitement of our children taking part in a wide range of physical activities has been fundamental to our school's success. Manchester Schools' PE Association have played a key role in providing such a fantastic calendar of events and competitions. ”

Louise Fritz, Headteacher
St Francis RC Primary School

“ PE, School Sport and Physical Activity have been central to our outstanding success. Students and staff have valued the Team Wright Robinson ethos which has positively impacted on attainment, attendance, behaviour and the overall health & wellbeing of our school community. ”

Neville Beischer, CEO,
Wright Robinson College



“ It has been brilliant to see the PE Association working with young people and practitioners to ensure their offer of competition, leadership and physical activity interventions are inspiring, accessible and meaningful to all young people. Making change is often difficult, but the review process has resulted in an excellent offer for schools and young people. ”

Emily Reynolds,
National Programmes Director

“ An active environment and high quality PE, School Sport and Physical Activity is vital for all students to achieve and enjoy school life. In our experience being active has been positive for the mental health and wellbeing of all, including our most vulnerable students, in the day to day life of school. ”

Sue Warner, Principal,
Melland High School



Registered Charity
1179052

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Paul Schofield:
Christine Bland:
Doug Martin:

p.schofield@olsc.manchester.sch.uk
C.Bland@wrightrobinson.co.uk
Doug.Martin@whgs-academy.org

0161 507 9640
0161 370 5121
0161 226 2054