



Year 5/6 Dodgeball Rules

Player Eligibility

- All players must be from either Year 5 and/or Year 6
- Teams are 6 playing from a squad of 8
- Must be a minimum of 2 per gender on court at the beginning of each game

Playing Area / Equipment

- Badminton sized court
- Neutral Zone if possible 0.75m either side of centre line / or just a centre line
- Size 3 Dodgeballs or similar sized soft balls

Game Rules - Start

- 2 teams of 6, with each team standing at the back of the court, with one hand on the wall, at the start of the game
- 3 balls begin on the centre-line
- On referees whistle, a MAXIMUM of two (2) players, from each team, race to collect the balls. Teams should attempt to retrieve their left most ball (the one designated for their team), only the middle ball is open to compete for.
- The balls must be passed all the way back to the back line to a team-mate before they are allowed to throw

Game Rules – In play

- Players have 5 seconds to make their throw
- Players CAN run with the ball,
- Players from both teams are allowed in the Neutral Zone but they are not allowed on or over the furthest neutral zone line
- A player can use the ball in their possession to block a shot
- Headshots DO NOT COUNT

Game Rules – Elimination

- A player is out if they are directly (without bouncing) hit by a ball thrown by an opponent – rebounds off the back wall do not count
- The thrower is out if an opponent catches the ball before it bounces
- A player is out if the ball is knocked out of their hands by an opponent's throw
- A player is out if they punch or kick the ball

- A player is out if they go on or over the furthest neutral zone line / or over centre line if that is being used

Game Rules – Saving a Player

- A player is saved from being out if the ball is caught, after hitting them, by a team-mate catching the ball before it bounces or hits anything else

Game Rules – Re-Instating a Player

- Every time the ball is caught (without bouncing) a player can be brought back in from those who are out

Game Rules – Winning the Game

- The team with the most players left on court at the end of the game is the winner