



Year 5/6 Dodgeball Rules

Player Eligibility

- All players must be from either Year 5 and/or Year 6
- Teams are 6 playing from a squad of 8
- Gender can be single or mixed

Playing Area / Equipment

- Badminton sized court
- **Neutral Zone** 0.75m either side of centre line
- Size **3** Dodgeballs or similar sized soft balls

Game Rules - Start

- 2 teams of 6, with each team standing at the back of the court, with one hand on the wall, at the start of the game
- 3 balls begin on the centre-line
- On referees whistle, a **MAXIMUM of two (2)** players, from each team, race to collect the balls. **Teams should attempt to retrieve their left most ball (the one designated for their team), only the middle ball is open to compete for.**
- The balls must be passed all the way back **to the back line** to a team-mate before they are allowed to throw

Game Rules – In play

- Players have 5 seconds to make their throw
- Players **CAN** run with the ball,
- **Players from both teams are allowed in the Neutral Zone but they are not allowed on or over the furthest neutral zone line**
- A player can use the ball in their possession to block a shot
- Headshots **DO NOT COUNT**

Game Rules – Elimination

- A player is out if they are directly (without bouncing) hit by a ball thrown by an opponent – rebounds off the back wall do not count
- The thrower is out if an opponent catches the ball before it bounces
- A player is out if the ball is knocked out of their hands by an opponent's throw
- A player is out if they punch or kick the ball
- A player is out if they go **on or over the furthest neutral zone line**

Game Rules – Saving a Player

- A player is saved from being out if the ball is caught, after hitting them, by a team-mate catching the ball before it bounces or hits anything else

Game Rules – Re-Instating a Player

- Every time the ball is caught (without bouncing) a player can be brought back in from those who are out

Game Rules – Winning the Game

- The team with the most players left on court at the end of the game is the winner

New / amended rules are highlighted in red