



## The Eric Hughes Memorial Track & Field Athletics League

The format of the league is as follows:

There are 4 meetings and schools will be expected to attend **all 4**.

### Events:

#### Meet 1 and Meet 3 (5<sup>th</sup> May & 30<sup>th</sup> June)

100m (75m Yr. 7 Girls) : 300m (Boys and Girls) : 4x 100m Relay  
Shot Putt : Discus (Girls) : High Jump (Boys)

### Events:

#### Meet 2 and Meet 4 (26<sup>th</sup> May & 7<sup>th</sup> July)

200m (150m Yr.7 Girls) : 800m :Hurdles (8&9 only - 80m B : 75m G)  
Javelin : High Jump (Girls) : Long Jump : Discus (Boys)

Schools may enter a maximum of 2 athletes per year group & gender in each event (i.e. in the 100m, you are allowed 2 runners from each year group/gender). From the results, the quickest runner will be placed in the 'A' competition and the other athlete, the 'B' competition, where applicable.

An athlete can only compete in ONE event (plus the relay) during the competition. However, we will be able to accommodate guest athletes in the Track events, but NOT Field events. All Guest Athletes must wear a 'GUEST' sticker provided by their own school

Points will be allocated on a sliding scale as per the Indoor Athletics competitions, but there will only be team awards, not individual ones.

Where possible, we would expect participating schools to bring at least 2 young leaders to assist on the day.