

Manchester Indoor Athletics Championships

Year 7 : Year 8/9 : Year 10/11 - separate competitions for boys and girls

Please Note: Athletes may only enter 1 event, plus the Relay

Order of Events - Track:

800m	Girls	
800m	Boys	
200m	Girls	
200m	Boys	
400m	Boys	(10&11 only)
300m	Girls	Not Y7
300m	Boys	Not Y7 or Y10&11
60m H	Girls	Not Y7 (Yr8/9 76.2cm - Yr10/11 76.2cm)
60m H	Boys	Not Y7 (Yr8/9 84cm - Yr10/11 91.4cm)
60m	Girls	(A and B race for Year 7 only)
60m	Boys	(A and B race for Year 7 only)
4 x 200m	Girls	
4 x 200m	Boys	

Order of Events - Field:

High Jump	Girls	
Long Jump	Girls	
Shot Putt	Girls	(Yr7 2.72k - Yr8/9 3.25k - Yr10/11 3.25k)
Followed by:		
High Jump	Boys	
Long Jump	Boys	
Shot Putt	Boys	(Yr7 3.25k - Yr8/9 4k - Yr10/11)

